

CURRICULUM VITAE

Name : Apurva Ashok

Qualifications : MBBS
DNB (General Surgery)
HBNI fellowship in Thoracic surgery Fellow,
Thoracic surgery (University of Toronto)

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Tata Medical Center
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EDUCATION

MBBS	2010	Rajiv Gandhi University of Health Sciences	M.S. Ramaiah Medical College Bangalore, India	
DNB	2014	National Board of Examinations	Southern Railways Headquarters Hospital, Chennai, India	General Surgery
HBNI Fellowship (Thoracic Surgery)	2020	Homi Bhabha National Institute	Tata Memorial Centre, Mumbai	Thoracic Surgery
Fellowship in Thoracic Surgery	2023	University of Toronto	University Health Network, Toronto	Thoracic Surgery

EMPLOYMENT EXPERIENCE

June 2023 till date	<i>Consultant, Thoracic surgery, Tata Medical Center, Kolkata</i>
October 2021 to March 2023	<i>Fellow, Thoracic Surgery Toronto General Hospital, Canada</i>
August 2018 to August 2021	<i>Fellow, Thoracic Surgery, Tata Memorial Hospital, Mumbai</i>
August 2017 to July 2018	<i>Fellow Upper GI, Thoracic & Hepato-biliary Surgery, Tata Medical Center, Kolkata</i>
August 2016 to July 2017	<i>Senior resident, Thoracic surgery Tata Memorial Hospital, Mumbai</i>
September 2015 to July 2016	<i>Fellow, Surgical oncology Tata Medical Centre, Kolkata</i>
November 2014 to August 2015	<i>Senior Resident, Department of Surgery ESI Hospital and Medical College, Joka, Kolkata</i>
August 2014 to October 2014	<i>Senior Resident, General surgery Calcutta Medical Research Centre, Kolkata</i>
April 2011 to June 2014	<i>Resident, Department of Surgery Southern Railway Headquarters Hospital, Chennai</i>
March 2009 to February 2010	<i>Intern M.S.Ramaiah Medical College and Hospital, Bangalore</i>

PUBLICATIONS / PRESENTATIONS

1. Apurva A, Tandon SP, Shetmahajan M, Jiwnani SS, Karimundackal G, Pramesh CS. Surgery for lung cancer—the Indian scenario. *Indian Journal of Thoracic and Cardiovascular Surgery*. 2018 Jan 1;34(1):47-53.
 2. Ashok A, Tiwari V, Jiwnani S, Karimundackal G, Pramesh CS. Controversies in preoperative therapy in esophageal cancer: Current evidence and ongoing research. *Annals of Gastroenterological Surgery*. 2019 Nov;3(6):592-7.
 3. Ashok, A., Niyogi, D., Ranganathan, P. *et al*. The enhanced recovery after surgery (ERAS) protocol to promote recovery following esophageal cancer resection. *Surg Today* (2020). <https://doi.org/10.1007/s00595-020-01956-1>
 4. Ashok A, Jiwnani SS, Karimundackal G, Bhaskar M, Shetty NS, Tiwari VK, Niyogi DM, Pramesh CS. Controversies in Mediastinal Staging for Nonsmall Cell Lung Cancer. *Indian Journal of Medical and Paediatric Oncology*. 2021 Oct;42(05):406-14.
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1. Jiwnani S, Ranganathan P, Tiwari V, **Ashok A**, Niyogi D, Karimundackal G, Pramesh CS. COVID-19 Pandemic and Its Gendered Impact on Indian Physicians. *JCO Glob Oncol*. 2021 Jun;7:1093-1100.
 2. Sengar M, Chinnaswamy G, Ranganathan P, **Ashok A**, Bhosale S, Biswas S, Chaturvedi P, Dhamne C, Divatia J, D'Sa K, Jain H, Laskar S, Moulik NR, Mummudi N, Nair S, Nayak L, Nayak P, Patkar S, Pawaskar P, Ramaswamy A, Shetty O, Singh A, Sridhar E, Thorat J, Badwe R, Pramesh CS; TMH COVID-19 action group. Outcomes of COVID-19 and risk factors in patients with cancer. *Nat Cancer*. 2022 May;3(5):547-551.
 3. Jiwnani S, Penumadu P, **Ashok A**, Pramesh CS. Lung Cancer Management in Low and Middle-Income Countries. *Thorac Surg Clin*. 2022 Aug;32(3):383-395. doi: 10.1016/j.thorsurg.2022.04.005. PMID: 35961746.
 4. Ghosh S, Pramesh CS, Sengar M, Ranganathan P, Ruiz F, Wadasadawala T, Nayak P, Thorat J, **Ashok A**, Singh M, Mehndiratta A, Nemzoff C, Shah HA. Exploring adaptive health technology assessment for evaluating 10 cancer interventions: insights and lessons from a pilot study in India. *BMJ Evid Based Med*. 2025 Jan 2: bmjebm-2023-112490. doi: 10.1136/bmjebm-2023-112490. Epub ahead of print. PMID: 39746782.

Chapters in books

1. Book Title – Dilemmas in Abdominal Surgery: A Case-Based Approach
Chapter Author – Ashok A, Niyogi D, Jiwnani S, Karimundackal G, C S Pramesh
Non-metastatic esophageal cancer with enlarged carinal lymph nodes with previous sleeve gastrectomy.
2. Book Title - Esophageal Squamous Cell Carcinoma 2nd Edition
Chapter Author – C S Pramesh, Devayani Niyogi, Apurva Ashok, George Karimundackal, Sabita Jiwnani, Madhavi Shetmahajan, Priya Ranganathan
Squamous cell carcinoma of the esophagus – the Indian experience
3. Book Title – Tata Memorial Centre Textbook of Oncology
Chapters on Esophageal cancer and Mediastinal tumors

Poster presentations

- 27th European Society of Thoracic Surgeons (ESTS) conference at Dublin, June 2019
 - Radical three-field lymphadenectomy still the best option for esophageal cancer with extensive lymph node involvement? - A. Ashok, S.Jiwnani, C.S. Pramesh, G. Karimundackal, Tata Memorial Centre, Mumbai, India

Oral presentations

- 28th Indian association of Surgical Gastro-enterology (IASG) conference at Chandigarh, October 2018
 - Prognostic significance of lymph node ratio in oesophageal and gastro-oesophageal junction cancers – A. Ashok, M K Roy, S. Banerjee, M. Mallath, R. Thambudurai, Tata Medical Center, Kolkata, India

ONGOING PROJECTS

1. Cross sectional observational study on “Patient perception of ‘meaningful survival benefit’ to undergo palliative chemotherapy in metastatic lung cancer”
2. Cross sectional survey on “Awareness of tobacco among cancer patients in India”

