

CURRICULUM VITAE

PERSONAL INFORMATION:

Name: Dr. Sonal Rastogi (Das)
Sex: Female
DOB: 30.07.1979
Designation: Senior Consultant

EDUCATIONAL QUALIFICATION:

UNDERGRADUATE:

MBBS

King George's Medical University, Lucknow

(Year: 1997-2002) with honours in Physiology and Social and Preventive Medicine.

POSTGRADUATION:

MD (Anaesthesiology)

Choudhary Charan Singh University, Meerut.

(Year: 2004-2007)

POST-DOCTORAL CERTIFICATE COURSE (PDCC) IN NEURO-ANAESTHESIA

Sanjay Gandhi Post Graduate Institute of Medical Science, India.

Year: 2008-2009

SENIOR RESIDENCY (After completion of MD)

Sanjay Gandhi Post Graduate Institute of Medical Science, India.

Year: 2007-2010

DETAILS OF TRAINING:

Undergraduate: M.B.B.S.

I passed MBBS from King George's Medical University, one of the renowned Medical Institute in Northern India with Honours in Physiology and Preventive and Social Medicine.

Post-Graduate: M.D. Anaesthesiology

During my tenure from 2004 to 2007 I was working as a Junior Resident in the Department of Anaesthesiology at Lala Lajpat Rai Medical College affiliated with Choudhary Charan Singh University, Meerut. During residency I was actively involved in departmental academic activities and Undergraduate teaching. My Postgraduate Thesis topic was "Epidural Labour Analgesia: Comparison of Butorphanol and Fentanyl with Bupivacaine.

Senior Residency

After Post-graduation I joined Sanjay Gandhi Post-Graduate Medical Sciences, one of the prestigious Institutes of India as a Senior Resident (Ad-hoc) in the department of Critical Care Medicine for 3 months. During my stay I participated in all departmental academic and clinical activities and gained exposure to wide variety of critical cases. Following completion I was selected through a competitive exam for permanent Senior Residency in the Department of Anaesthesiology at this Institution. During this tenure I attained experience in anaesthesia to a wide variety of Surgeries and ICU cases.

Post-Doctoral Certificate Course (PDCC) Neuro-Anesthesiology

In 2008 I was selected through a competitive exam for training in Neuro-Anaesthesia and Critical Care at Sanjay Gandhi Post-Graduate Medical sciences, Lucknow which is the major training centre. Extensive work is done here in all aspects of Neuro-Anaesthesia with senior consultants recognised nationally and internationally.

CLINICAL APPOINTMENTS:

Designation	Period	Institution/ University
Internship	1 year	KGMU, Lucknow , India
Post Graduate Junior Resident	3 years	LLRMMC, Meerut, India
Senior Resident (After master's degree)	2 years	Sanjay Gandhi Post-Graduate Institute of Medical Sciences, Lucknow, India
Senior Resident (Neuro-Anaesthesia)	1 year	Sanjay Gandhi Post-Graduate Institute of Medical Sciences, Lucknow, India
Senior Resident (Critical care medicine)	3 months	Sanjay Gandhi Post-Graduate Institute of Medical Sciences, Lucknow, India
Junior Specialist	6 months	St Stephen's Hospital, Delhi, India
Junior Consultant	May 2012- April 2015	Tata Medical Centre ,Kolkata, India
Associate Consultant	May 2015- April 2018	Tata Medical Centre, Kolkata, India
Senior Consultant	May 2019 - Till Now	Tata Medical Centre ,Kolkata, India

Administrative Appointments:

- Coordinator of DOTT Course (Diploma in Operation Theatre Technology, a West Bengal University accredited course)
- In-charge of OT technicians.

PRESENTATIONS:

- “Intrathecal small dose of bupivacaine with fentanyl for day care surgery” at State Conference (UPISACON) in 2006.
- “Epidural Labour analgesia - adding fentanyl or butorphanol to bupivacaine” at State Conference (UPISACON) in 2006.
- “Intraoperative measurement of cerebrovascular resistance by Doppler : A guide to complete resection of AVM ;Series of 5 cases” at National Conference of Neuro-anaesthesia ISNACC in 2009.
- Presented “Intraoperative measurement of cerebrovascular resistance by Doppler : A guide to complete resection of AVM ;Series of 15 cases” at State Conference of Anaesthesia in 2010.
- Presented “Nasal ala pressure sores following head and neck reconstructive surgery: A retrospective analysis from a tertiary cancer hospital” at a national conference ISACON in 2015.

HONOURS AND AWARDS

Honours in Physiology and Social and Preventive medicine.

Highest marks in class on Surgery rotation 3rd year.

3rd Prize for Paper Presentation at UPISACON, 2006.

1st prize for Poster Presentation at UPISACON, 2009.

2nd Prize for Paper Presentation at ISNACC, 2009.

PUBLICATIONS AND RESEARCH WORK:

- 1) Gupta D, Kishore K, Rastogi S, Singh P K, Agarwal A, Singh U. Brief Report: A Comparative Evaluation of Local Application of the Combination of Eutectic Mixture of Local Anesthetics and Capsaicin for Attenuation of Venipuncture Pain. *Anesth Analg* March 2013 116:568-571
- 2) Rastogi S, Bhutia T, Singh A, Arun P. Nasal ala pressure sores following head and neck reconstructive surgery: A retrospective analysis from a tertiary cancer hospital. *Indian J Anaesth.* 2017 Jan;61(1):74-76.
- 3) Khemka R, Rastogi S, Desai N, Chakraborty A, Sinha S. Comparison of ultrasound imaging in transverse median and parasagittal oblique planes for thoracic epidurals: A pilot study. *Indian J Anaesth.* 2016 Jun;60(6):377-81
- 4) Rastogi S. Tansfusion practices in trauma. *Indian J Anaesth.* 2015 Apr;59(4):263.

- 5) Rastogi S, Agarwal P, Gupta D “Dexmedetomidine : A powerful new adjunct to anaesthesia” Anaesthesia Update vol. 12;June2009
- 6) Rastogi S, Agarwal P, Gupta D “Positioning : A successful surgery begins with Optimal positioning” Anaesthesia Update vol. 11;Dec 2008
- 7) Thesis for MD: Comparison of fentanyl and butorphanol with bupivacaine for epidural labour analgesia.

MEMBERSHIP:

- Indian Society of Anaesthesia(ISA)
- Indian society of Neuro-Anaesthesia and Critical care(ISNACC)
- International Anesthesia Research Society (IARS)
- All India Difficult Airway Association (AIDAA)

OTHER:

- Faculty in ISACON 2010 organized at SGPGIMS, Lucknow
- Attended training program in GCP : TMCK, 2012
- Conducted Basic Life Support training program for hospital staff: February, 2013
- Faculty in CME, “Cancer Pain” as part of CME program of ISAWB branch: June, 2013
- Faculty in a workshop on ‘US guided Regional Anaesthesia’ as part of ISAJAC :September, 2013
- Faculty in a workshop on “Difficult Airway” organised at Tata Medical Centre, 2014.
- Organising Secretary of “Adult Difficult Airway Management (ADAM) at Tata Medical Centre Kolkata, 2016.

AREAS OF INTEREST:

- Neuro-Anaesthesia,
- Acute Pain Services,
- Ultrasound in Regional Anaesthesia
- Management of Difficult Airway

