

Tiash Sinha
Registered Dietitian

Professional Experience

Tata Medical Center, Kolkata, India (June 04, 2012- present)
Clinical Nutritionist (June 04, 2012- 2013)
Senior Clinical Nutritionist (2013-present)
(Full-time Professional and teaching role)

Massachusetts General Hospital (MGH), Boston, USA. February 2004 – May 31st, 2012
(Full-time Professional and teaching role)
Clinical Nutrition Manager: MGH, Dec 2010- May 31st, 2012
Senior Clinical Nutritionist: MGH, Nov' 07- Dec 2010
Clinical Nutrition Specialist: MGH, Oct'05 – Nov 2007
Clinical Dietitian: MGH, Feb'04 - Oct 2004
Faculty of MGH Dietetic Internship Program (DI)- February 2004 – May 31st, 2012

Morristown Memorial Hospital, Morristown, NJ
Clinical Dietitian: 2001-Jan'04
(Full-time Professional and teaching role)
Diet Office Assistant: 1999-2001

Advanced Medical Research Institute (AMRI), Calcutta
Dietitian: 1997-1998
(Full-time Professional)

Professional qualifications:

Bachelor of Science in Clinical Nutrition and Dietetics
Gokhale Memorial Girls College, University of Calcutta, India
Bachelor of Science in Foods and Nutrition with Minor in Psychology
College of Saint Elizabeth, Morristown, USA
Registered Dietitian
Commission on Dietetic Registration, Chicago, USA
Master of Science in Clinical Nutrition
University of Medicine and Dentistry of New Jersey, USA
Certified Nutrition Support Clinician
NBNC, American Society for Parenteral and Enteral Nutrition (ASPEN)

Academic Honors and Awards:

Partners in Excellence Awards in 2011, 2009 and 2005
Massachusetts General Hospital, Boston
SPOT awards 2000, 2002, 2003 ACE award 2001
Morristown Memorial Hospital, New Jersey
High Honour, BS in Foods & Nutrition

Dean's List and Honour Student (1999 and 2000)
College of Saint Elizabeth, New Jersey

Scientific Meetings:

Invited speaker: Personalized Nutrition in Cancer Care - World Cancer Day -2026
Invited speaker: Nutrition Conclave 2026- CMRI- CK Birla Hospital - 2026
Invited speaker: Annual Conference of International Hepato-Pancreato-Biliary Assn. 2025
Invited panelist: Annual conference of Gynaecological Oncology AGOICON 2025
Invited faculty: OncoNutricon Saroj Gupta Cancer Center & IDA Bengal Chapter 2025
Invited speaker: National Nutrition Month- Sister Nivedita University 2025
Invited speaker: National Nutrition Month- FSTN, IIFST- Maharashtra 2025
Invited speaker: Cervical Cancer- Rotary Club 2025
Invited speaker: Regional Dietitian Forum 2025
Invited speaker: Nutrition in Cancer-Tata 1 MG 2025
Invited panelist: International Conference of Multiple Myeloma Tata medical Center 2025
Invited faculty: National Nutrition Expert Committee member from Eastern India October 2024
Invited panelist: National Nutrition Month- FSTN, IIFST and CMRI- Sept 2024
Invited faculty: OncoNutricon Saroj Gupta Cancer Center & IDA Bengal Chapter, Aug 2024
Invited speaker: World Tobacco Day National Webinar, IAPEN May 2024
Invited speaker: Scientific Seminar at Saroj Gupta Cancer Center and Research Institute – May 2024
Invited speaker: Nutrition in Advanced Cancer- Indian Association of Palliative Care, Mar 2024
Invited faculty: Nutrition in Head and Neck Cancer, CNCI- February 2024
Invited panelist: Myeloma Meet, Tata Medical Center, March 2024
Invited panelist: World Lymphoma Day, Tata Medical Center September 2023
Invited speaker: Nutrition in Oncology, Tata IMG- September 2023
Invited panelist: Myeloma Meet, Tata Medical Center, March 2023
Invited faculty: Onco-nutrition recommendation committee by IAPEN to publish clinical nutrition in cancer practice guidelines in India- 2022-2023
Co-author book: Clinical Nutrition in Cancer Practice Guidelines in India 2022-23
Invited panelist for a Nutritional Management of Cancer Patients on a global platform for World Cancer Day, February 2022
Invited speaker: Nutrition Consensus Guidelines in Oncology Clinical Practice for Indians – IAPEN Indian Association, June 2022
Invited panelist: Lymphoma Survivor Day - Tata Medical Center- September 2022
Invited speaker: Enteral Nutrition in Cancer, October 2021
Invited panelist: Lymphoma Survivor Day - Tata Medical Center- September 2021
Invited speaker: Webinar on Hematological Malignancies - September 2020
Invited speaker: Webinar on Critical Care – September 2020
Invited speaker: Webinar - Covid 19 and Cancer- Society for Nutrition & Dietetics- August 2020
Invited faculty: Ostomate - Tata Medical Center-2019
Invited faculty: Lymphoma Survivor Day - Tata Medical Center-2019
Invited panelist: Multiple Myeloma- Tata Medical Center-2019
Invited speaker: Clinical Nutrition Management in Ovarian Cancer- September 2018
Invited panelist: Lymphoma Survivor Meet -September 2018
Invited speaker: ONAI 19th National Conference - October 2018

Invited faculty: IDACON 2017- International Conference organized by Indian Dietetic Association- December 2017

Invited faculty: Ovarian Cancer Survivorship Program, Kolkata- December 2017

Invited faculty: Lymphoma Day, Tata Medical Center, Kolkata- September 2017

Invited speaker: Scientific Seminar for National Nutrition Week 2017 organized by Indian Dietetic Association, Bengal Chapter at Saroj Gupta Cancer Center and Research Institute – September 2017

Invited speaker: Overall Nutrition Practice in Oncology Segment- Scientific Conference - 2017

Invited faculty: Parenteral Nutrition for Pediatric Patient with Cancer-International SIOP-PODC Conference for Nutrition in Children with Cancer at Tata Memorial Hospital, Mumbai- 2016

Invited faculty: Nutrition post Stem Cell Transplant-International SIOP-PODC Conference, TMH, Mumbai -2016

Invited faculty: Head and Neck cancer Conference, Kolkata -2016

Invited faculty: Fellowship for Specializing in Clinical Nutrition at TMH, Mumbai-2016

Invited speaker: Malnutrition in Hospitalized Patients and its consequences- Kolkata-2015

Invited speaker: Nutrition for Critically ill patients- Kolkata -2015

Invited faculty: Parenteral Nutrition for Critical Care workshop, Medica Hospital - 2015

Invited faculty: Breast Cancer Conference at Tata Medical Center, Kolkata -2015

Invited faculty: Nutritional issues in management of High risk Neuroblastoma - International SIOP-PODC workshop on Nutrition in Children with Cancer, TMH Mumbai - 2014

Invited speaker: Seminar on Women's Nutrition - Kolkata 2013

Invited speaker: Lecture on Clinical Nutrition- Society for Nutrition and Dietetics- Kolkata 2013

Invited panelist: Nutrition in Oncology – Kolkata 2013

Invited speaker: Malnutrition in hospitalized patients Kolkata 2012

Clinical Nutrition Management Symposium in Arizona. April 1st-5th 2011

Lifestyle Medicine: Tools for Promoting Healthy Change. Harvard Medical School, Boston, MA. June 2010

Clinical Nutrition Week, American Society of Parenteral and Enteral Nutrition (ASPEN). Chicago, IL February 2008

Seminar for healthcare professionals on Coronary Artery Syndrome held at MGH from 2004, 2005, 2006 and 2007

Annual International Conference on Practical Approaches to the Treatment of Obesity. Harvard Medical School. Cambridge, MA. June 2006

“Train the Trainer” Program, MGH Nutrition and Food Services. Boston, MA December 2006

Massachusetts Dietetic Association Spring Convention, Marlborough, MA 2005