

**Tiash Sinha, MS, RD, CNSC**  
**Registered Dietitian**

**Professional Experience**

**Tata Medical Center, Kolkata, India** (June 04, 2012- present)  
Clinical Nutritionist (June 04, 2012- 2013)  
Senior Clinical Nutritionist (2013-present)  
(Full-time Professional)

**Massachusetts General Hospital (MGH), Boston, USA.** February 2004 – May 31<sup>st</sup>, 2012 (Full-time Professional and teaching role)

Clinical Nutrition Manager: MGH, Dec 2010- May 31<sup>st</sup>, 2012  
Senior Clinical Nutritionist: MGH, Nov' 07- Dec 2010  
Clinical Nutrition Specialist: MGH, Oct'05 – Nov 2007  
Clinical Dietitian: MGH, Feb'04 - Oct 2004

Clinical Nutrition experiences at MGH include working with patients in the General Medicine, Neuroscience ICU, Cardiac Surgical ICU, Burn ICU, Medical and Surgical ICU, Oncology/BMT, Transplant & Dialysis, Thoracic, Interventional Cardiology and Psychiatry Units

Faculty of MGH Dietetic Internship Program (DI)

- Precept dietetic interns on regular basis in Medicine-Surgery rotations and in ICU rotations (2004- 2012)
- Taught the second year medical students at the nutrition tutorials (2005-2009) at the Harvard Medical School, Boston

Public speaking and writing experiences:

- Organized and coordinated the Clinical Orientation Day for the new dietetic interns (DI) class of 2007-2011.
- Assisted with Dietetic Internship Reaccreditation process with five other member of the committee and the Director of the DI program at MGH to redefine the standards/competencies/future practice roles.
- Reviewed and evaluated DI Application as a member of the MGH DI selection committee for the Class of 2009 and 2010.
- Offer many nutrition in-services and presentations to dietetic interns, colleagues, registered nurses and clinical and non-clinical staff.
- Invited speaker on nutrition education for patients with coronary artery disease at the seminar for healthcare professionals on Coronary Artery Syndrome held at MGH from 2004 to 2007.
- Represented Clinical Nutrition in MGH celebration of National Women's Health Week in May 2010

- Developed audit tool for quality assurance and process improvement.
- Member of committees for developing performance improvement strategies, clinical practice guidelines for the clinical staff and design curriculum for the dietetic internship program.
- Developed the tracer tool for the department to ensure compliance with the Joint Commission standards.
- Drafted the Rubric DI performance evaluation tool for Medicine-Surgery Rotation.
- Authored the chapter on nutrition in the cardiac education book “Your Role in Optimal Treatment and Prevention” published by MGH Heart Center in 2005.
- Wrote an article in the MGH publication on nutrition screening and malnutrition among hospitalized patients “Caring Headlines”.

**Morristown Memorial Hospital, Morristown, NJ**

Clinical Dietitian: 2001-Jan’04

(Full-time Professional and teaching role)

Diet Office Assistant: 1999-2001

**Advanced Medical Research Institute (AMRI), Calcutta**

Dietitian: 1997-1998

(Full-time Professional)

**Education, Registration and Certification**

Bachelor of Science in Clinical Nutrition and Dietetics -1997

Gokhale Memorial Girls College, University of Calcutta, India

Bachelor of Science in Foods and Nutrition with Minor in Psychology – 2000

College of Saint Elizabeth, Morristown, USA

Registered Dietitian - 2001

Commission on Dietetic Registration, Chicago, USA

Masters of Science in Clinical Nutrition - 2007

University of Medicine and Dentistry of New Jersey, USA

Certified Nutrition Support Clinician – 2010

NBNC, American Society for Parenteral and Enteral Nutrition (ASPEN)

**Academic Honors**

High Honor, BS: Foods & Nutrition, College of Saint Elizabeth, NJ

Dean’s List and Honor Student, College of Saint Elizabeth, NJ

## **Awards**

Partners in Excellence Awards in 2011, 2009 and 2005

Massachusetts General Hospital, Boston

SPOT awards 2000, 2002 and 2003

ACE award 2001

Morristown Memorial Hospital, New Jersey

## **Leadership and Management – Workshops and Seminars**

- Effective Communication- different approaches of business communication and its relationship to leadership competency and results.
- People Management- systems that impact organizational effectiveness, support strategy and techniques to improve organizational execution.
- Voice leader- enhance communication skills & fundamentals of public speaking
- Personal analysis- insights into how people think, solve problems, interact with others and cope under stress
- Maximize your meetings- enhancing outcomes of meeting with better techniques
- Building a winning culture –strategic leadership
- Microsoft Excel- Basic, Intermediate and Advanced level

## **Scientific meetings**

- Invited speaker: Webinar on Hematological Malignancies- September 2020
- Invited speaker: Webinar on Critical Care – September 2020
- Invited speaker: Webinar on Covid 19 and Cancer- Society for Nutrition and Dietetics- August 2020
- Invited faculty: Ostomate - Tata Medical Center-2019
- Invited faculty: Lymphoma Survivor Day - Tata Medical Center-2019
- Invited panelist: Multiple Myeloma- Tata Medical Center-2019
- Invited speaker: Clinical Nutrition Management in Ovarian Cancer- September 2018
- Invited panelist: Lymphoma Survivor Meet -September 2018
- Invited speaker: ONAI 19th National Conference - October 2018
- Invited faculty: IDACON 2017- International Conference organized by Indian Dietetic Association- December 2017
- Invited faculty: Ovarian Cancer Survivorship Program, Kolkata- December 2017
- Invited faculty: Lymphoma Day, Tata Medical Center, Kolkata- September 2017
- Invited speaker: Scientific Seminar for National Nutrition Week 2017 organized by Indian Dietetic Association, Bengal Chapter at Saroj Gupta Cancer Center and Research Institute – September 2017

- Invited speaker: Overall Nutrition Practice in Oncology Segment- Scientific Conference in Kolkata - 2017
- Invited faculty: Parenteral Nutrition for Pediatric Patient with Cancer- International SIOP -PODC Conference for Nutrition in Children with Cancer at Tata Memorial Hospital, Mumbai- 2016
- Invited faculty: Nutrition post Stem Cell Transplant-International SIOP -PODC Conference, TMH, Mumbai -2016
- Invited faculty: Head and Neck cancer Conference, Kolkata -2016
- Invited faculty: Fellowship for Specializing in Clinical Nutrition at TMH, Mumbai-2016
- Invited speaker: Malnutrition in Hospitalized Patients and its consequences- Kolkata-2015
- Invited speaker: Nutrition for Critically ill patients- Kolkata -2015
- Invited faculty: Parenteral Nutrition for Critical Care workshop, Medica Hospital in Kolkata- 2015
- Invited faculty: Breast Cancer Conference at Tata Medical Center, Kolkata - 2015
- Invited faculty: Nutritional issues in management of High risk Neuroblastoma - International SIOP-PODC workshop on Nutrition in Children with Cancer, TMH Mumbai - 2014
- Invited speaker: Seminar on Women's Nutrition - Kolkata 2013
- Invited speaker: Lecture on Clinical Nutrition- Society for Nutrition and Dietetics- Kolkata 2013
- Invited panelist: Nutrition in Oncology – Kolkata 2013
- Invited speaker: Malnutrition in hospitalized patients Kolkata 2012
- Clinical Nutrition Management Symposium in Arizona. April 1<sup>st</sup>-5<sup>th</sup> 2011.
- Lifestyle Medicine: Tools for Promoting Healthy Change. Harvard Medical School, Boston, MA. June 2010.
- Clinical Nutrition Week, American Society of Parenteral and Enteral Nutrition (ASPEN). Chicago, IL February 2008.
- Invited speaker at the seminar for healthcare professionals on Coronary Artery Syndrome held at MGH from 2004, 2005, 2006 and 2007.
- Annual International Conference on Practical Approaches to the Treatment of Obesity. Harvard Medical School. Cambridge, MA. June 2006
- “Train the Trainer” Program, MGH Nutrition and Food Services. Boston, MA December 2006.
- Massachusetts Dietetic Association Spring Convention, Marlborough, MA 2005.

### **Foreign Language**

Spanish